

Mug cake

Recipe 1

Ingredients	Recipe
<ul style="list-style-type: none">• 5 teaspoons of self-raising flour	<ul style="list-style-type: none">• Mix together in the mug.• You could substitute a tablespoon of cocoa for the flour. Or add a spoon of chocolate chips or currants...or whatever you fancy!• Microwave on full power for 3 minutes or until firm.
<ul style="list-style-type: none">• 4 teaspoons sugar	
<ul style="list-style-type: none">• 1beaten egg	
<ul style="list-style-type: none">• 9 teaspoons of milk	
<ul style="list-style-type: none">• 9 teaspoons of vegetable oil	
<ul style="list-style-type: none">• 2 drops of vanilla extract	
<ul style="list-style-type: none">• 3 teaspoons golden syrup	

Recipe 2

Ingredients	Recipe
<ul style="list-style-type: none">• 4 heaped teaspoons of self-raising flour	<ul style="list-style-type: none">• Melt a knob of butter in a mug using the microwave• Mix rest of ingredients in the mug (apart from the Nutella)• Microwave on full power for 1 min 3• Add Nutella after if you want!
<ul style="list-style-type: none">• 4 heaped teaspoons sugar	
<ul style="list-style-type: none">• 1 heaped teaspoon of cocoa powder	
<ul style="list-style-type: none">• Splash of milk	
<ul style="list-style-type: none">• Nutella (optional for after)	